



MyTemp

MyTemp is a sensor in the form of a small easy-to-swallow capsule that measures core body temperature. The sensor enables continuous monitoring of an athlete's temperature to the highest degree of accuracy. Thus, data that can be used for monitoring the safety and performance of the athlete can be collected.

°myTemp

Monitoring body temperature to boost performance, prevent injuries and guarantee safety

Results appear automatically on a belt that the athlete wears around the waist. The sensor is not battery-operated, which means it allows for a really small capsule and a relatively sustainable system. MyTemp can be used in human- and animal applications. It is now being used in equestrian sports, for example.

Right now, we are improving the system, so that we can monitor temperature from a distance. This will enable coaching of the athlete based on temperature and monitoring health and safety during sports events.

Researchers from the Radboud University Nijmegen in the Netherlands are testing the reliability of the system and analyzing its data to obtain a better understanding of the influence of body temperature on an athlete's performance.

More about MyTemp B.V.

MyTemp B.V. works together closely with Radboud University Nijmegen in the Netherlands. MyTemp has

already been used amongst small groups of athletes during several large sports events in the Netherlands. The system is reliable and has given us new insights into the rise of body temperature during walks or runs. MyTemp won the Sports Innovator Award 2016.

Are you interested in training with MyTemp or do you want to know more about us? Please contact us.

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