



Working actions factor Learning climate

Actions for coaches/trainers

- Create a **social and fun environment** in a sports climate, which promote skills and abilities development, learning opportunities and reinforce team spirit.
- Treat **everybody equal** and promote equity.
- Fairly balance the amount of time during the game for each player, **avoiding the exclusion based on the skills level** → everyone contributes.
- **Provide positive feedback**, that is process oriented and emphasizing intrapersonal development (task goal orientation).
- Be sensitive for the **differences between boys and girls**.
- Teach **youngsters to be "sport"**, respecting ethic values. You can do this by putting them, by turns, in the position of simply supporters, emphasizing the joy of fair play.
- Develop **team-building games** to reinforce support between youngsters.
- Promote focus on striving during the training; the **skills development will follow** automatically.
- At the end of the session, each team **identifies a player from the opposite team** who provided encouragement and support.
- Whenever possible, **use music during the practice**; youngsters like it during the lessons/training.

Actions for clubs

- Provide coaches with an **educational seminar and sample practical sessions** on how to assist changing coaching styles and the behaviour of the youngsters.
- Create **an award** to recognize the ones that most contributed to create a positive practice climate. Take care the reward goes to different youngsters, in role (e.g. "player of the week", "team of the month").